



BCHRA Members:

Thank you all !! We raised \$8,000.00!!!

Congratulations to each and every BCHRA member. Your hard work and generosity have once again made our charity auction a roaring success. The cheque presentation and reception will take place at the Valley Therapeutic Equestrian Association Farm, 6918 - 232nd Street, Langley on Saturday, Dec. 17, 2005 at 10:30 A.M.

You are of course all invited to attend and for those visiting for their first time; to see and experience the work and activities provided by the VTEA Volunteer staff, you will be rewarded for your generosity.

On behalf of the BCHRA executive, thank you one and all for your hard work and support throughout the past year. May you and your families enjoy a Very Merry Christmas Season and a Prosperous New Year.

**Harold Swift
President**

Thank you to all the anonymous donations and all the ones we will probably miss. All the donations were certainly very much appreciated. Note: A special 'note of thanks' to our talented club members and others who designed and made items specifically for donation to the BCHRA auction. 'That's really special.'

We did not list any of the individuals donations provided by club members. Only company or corporate donations. There were over 100 gifts donated by club members. Way to go club !!

**List of Donator Companies for the BCHRA Auction 2005
(* astric denotes 'Multiple donations'.)**

**A-Part Auto Wrecking Ltd – Richmond Aqua Chem
BBC Sales & Service Ltd. – Delta Biddlecombe & Associates (CGA) –
Delta**

Brighthouse Auto Electric – Richmond www.carnut.ca Chilliwack	Capture the Moment (Photography) Canex Building Supplies Ltd. –
Concept Finishes Ltd. – Richmond* Vancouver	Dicks Lumber & Supplies – N.
Haney Building Supplies – Haney* C-Max Paint & Body Supplies – Van.* Vancouver	Dewey's Pub Canadian Tire (store 601) – N.
Car Collectibles & Acc. – Sechelt Wash.*	Can Am Show n shine – Lynden,
Country Lumber Ltd. – Langley Hot Rod Productions Inc. – Edmonton Langley	Coca Cola Bottling Co. – Coquitlam * Napa Auto Parts (Dist. & Admin) –
Injection Rewire Service – Abbotsford* Langley	Preston Chevrolet Cadillac Olds –
Pacific Car Art – Abbotsford* Hagens Travel & Cruises – Burnaby* Meguiars Canada Inc. – Car Care Products* Car Care Products*	West Coast Detail Hot Rod Corner – Surrey* Norton's Products Inc. – Car
KMS Tools – Coquitlam & Abbotsford T&T Auto Parts – Maple Ridge Trev Deeley Motor Cycles – Vancouver* Pennzoil Lub & Oil – Maple Ridge R.	Auto Parts Plus – Langley & Abbotsford Store-More Closet & Blinds – Surrey* AJ Transmissions Specialists – N Van. Killer Custom & Performance – Maple
SRO Promotions Ltd. – Langley Langley U Blast – Langley J&D Enterprises – Langley Precision Performance Co.- Delta North Shore Rod & Custom – N. Van.* Mason's Home Furnishings – Surrey Vancouver Core Company – Surrey Hot Rod Garage	Lordco Auto Supplies – Abbotsford* T&A Enterprises – Maple Ridge* Red Carpet Food Services – Delta The Old Car Center – Langley Peterbilt Pacific Inc. – Surrey Simply Perfect – Surrey Java Hut – Langley
Lehigh Northwest Cement – Richmond Ocean Construction Supplies (Ready Mix) Ron Ford's Ford – S. Surrey Auto Mall* West Coast Auto Group – Pitt Meadows* Jim Pattison – Surrey Ricky's Restaurant – Cloverdale Tag Plumbing Supplies Apple Auto Glass	Lighthouse Holdings Ltd. – Richmond* Lehigh Northwest Materials – Richmond Ocean Marine Division Vancouver Auto Color Ltd.- Langley* Brandt Tractor – Port Kells Precision Automotive Wakefield Sperling – Langley Orange Country Towing Man Corp.

Valley Therapeutic Equestrian Association (VTEA) is a non-profit, charitable organization. Our center is located on approximately 40 acres of farmland in Langley, just two minutes south of the 232nd Street exit off the #1 Freeway. This location conveniently serves clients from Greater Vancouver and the Fraser Valley.

Therapeutic riding is widely accepted as a valuable method of improving the physical and mental well-being of people with special needs. Riding offers exercise, recreation, and a sense of achievement. In addition, riding provides independence from artificial aids such as crutches and wheelchairs allowing access over uneven trails to new sights, sounds and smells.



VTEA started in 1983 with 20 riders using 4 ponies one day per week. Currently they operate 5 days per week with 110 to 175 riders per 8 week session. Sixteen to twenty specially trained horses and ponies are now utilized in this program. Dedicated instructors are examined and certified through the Canadian

Therapeutic Riding Association. Many riders require the assistance of 2 to 3 volunteers for each ride; those wonderful volunteers are the backbone of this organization. Volunteers find their reward in the joy that lights up a young rider's face. Tiny miracles are performed daily at this facility and everyone including therapists, instructors and volunteers can be justifiably proud.

Each new rider requires a referral from his or her physician. Following assessment, a program is designed to meet each individual's needs. In addition to our regular therapeutic riding program, VTEA offers "Hippotherapy". This is where an experienced physiotherapist uses the rhythmic swinging motion created by the action of the horse to mobilize the pelvis, to strengthen muscles and improve balance, co-ordination and circulation of a rider with movement disorders.



Disabilities accepted for therapeutic riding include cerebral palsy, muscular dystrophy, multiple sclerosis, arthritis, limb absence, scoliosis, spina bifida, epilepsy, brain injury, autism, developmental disabilities, learning disabilities, emotional disturbance, blindness and hearing and speech impediments. Aims of therapeutic riding include balance improvement, coordination development, mobilization of stiff joints, development of weak muscles, prevention of contractures, relaxation of spasticity, development of self-esteem and independence and providing recreation.



The fee charged covers less than a third of the cost of each ride in the therapeutic riding program. The centre relies upon the generosity of service clubs and public donations. In addition, constant fundraising is required to sustain this invaluable program. (refer to BCHRA presentation)

**V.T.E.A.
6918 - 232nd Street
Langley, B.C.**



V2Y 2J5
Ph: 604-888-1262
Fax: 604-882-8963
Office Hours:
Tuesday to Friday
9:00 am to 5:00 pm
Riding Centre Hours:
Tuesday to Saturday
10:00 am to 5:00 pm

The Good Guys 8th Annual Southwest Nationals in Scottsdale Arizona -
November 20, 2005. The Hot Rod of the year was a 1932 Ford High Boy –
owned by Doug McLanders of Langley.

Employee Wanted :

Kurt from Jellybean Hotrods is looking for a mechanic at the shop, needs to be a hotrodder, licensed and able to fabricate.

Kurt Penner
604 594 6800
www.jellybeanhotrods.com

Who

Can
who this
boy is ??
Call
8043 with the
answer....



Darlene's Guess

anyone tell me
handsome baby
me @ 604-530-
correct

The question was asked: What do retired people really do?? This was the answer !!

OK we all got together and here is your story for the Headliner.

What retired people do in Maui.

Beer!
Snorkel!
Beer!
Sleep!
Shop!
Beer!
BBQ Party!
Beer!

Eat!
Sleep!
Beer!
Beach!
Beer!
Beach!
Beer!

Hockey night in Canada at the Sports Bar!

Quite boring really!

Beer!
Eat!

Jim Lyons and Doug Esau

What do retired people do

Working people frequently ask retired people what they do to make their days interesting. Well for example, the other day I went into town and went to a shop in Metro Town. I was only in there for about 5 minutes.

When I came out there was a cop writing out a parking ticket. I went up to him and said, "Come on mate, how about giving a senior a break?" He ignored me and continued writing the ticket.

I called him a "not nice name". He glared at me and wrote another ticket for having worn tires.

So I called him "another not nice name". He finished the second ticket and put it on the windshield with the first.

Then he started writing a third ticket. This went on for about 20 minutes. The more I abused him, the more tickets he wrote.

Personally, I didn't care. I came into town by bus.

I try to have a little fun each day now that I'm retired. It's important at my age.